

Services Menu

Primary Care	+	
INITIAL CONSULTATION	✓	200
FOLLOW UP APPOINTMENTS	✓	100
Physical Therapy		
INITIAL CONSULTATION	✓	150
FOLLOW UP APPOINTMENTS	✓	75
PRENATAL + POSTNATAL APPOINTMENT		179
Sports Medicine		
INITIAL EVALUATION	✓	200
FOLLOW UP APPOINTMENTS	✓	100
SPORTS PERFORMANCE PACKAGE		500
Acupuncture		
INITIAL EVALUATION		160
FOLLOW UP APPOINTMENTS		120
EARLY BIRD - PRICING BEFORE 4 PM		60
PRENATAL + POSTNATAL ACUPUNCTURE 30 MIN		90
PRENATAL + POSTNATAL ACUPUNCTURE 60 MIN		179
+	Insurance coverage may vary depending on your plan. For more information, call 646.882.6278 or email info@hudsonwellness.nyc	
	Cash pay price.	

Anti Aging / Functional Medicine

INITIAL EVALUATION	500
FOLLOW UP APPOINTMENTS	250
BODY COMPOSITION TEST (DEXA SCAN)	100
BONE DENSITY SCAN	50
LABORATORY WORK	

Chiropractic

INITIAL CONSULTATION	120
FOLLOW UP APPOINTMENTS	75

Medical Massage

30 MIN PERSONALIZED MASSAGE	80
60 MIN PERSONALIZED MASSAGE	150
10 X 60 MIN MASSAGE PACKAGE 10% OFF	1350
30 MIN PRENATAL + POSTNATAL MASSAGE	90
60 MIN PRENATAL + POSTNATAL MASSAGE	179

Nutrition

INITIAL EVALUATION	160
FOLLOW UP	80
MICRO-NUTRIENT DEFICIENCY LABS	680
PRENATAL + POSTNATAL CONSULTATION	179

Vitamin IV Therapy

VITAMIN IV INFUSION	250
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Medspa

Services

INJECTABLES, FILLERS & BOTOX	Price on consultation
LIP ENHANCEMENTS & FILLERS	Price on consultation
KYBELLA (DOUBLE-CHIN TREATMENT)	Price on consultation

Plastic Surgery

Facial rejuvenation, fat removal, tummy tuck, breast lift, augmentation or reduction.

INITIAL CONSULTATION	150
FOLLOW UP APPOINTMENTS	Price on consultation

Prenatal + Postnatal

Services

NUTRITION CONSULTATION	179
ACUPUNCTURE SESSION 30 MIN	90
ACUPUNCTURE SESSION 90 MIN	179
PHYSICAL THERAPY	179
MASSAGE 30 MIN	90
MASSAGE 90 MIN	179

Wellness Packages

Hudson Wellness Weight Loss Program

\$499

A tailored program guided by our expert Nutritionist designed to help you shed unhealthy weight, gently cleanse toxins, boost energy levels and improve your overall health and wellbeing.

- INITIAL CONSULTATION
- 2 x FOLLOW UPS
- 2 X BODY COMPOSITION TESTING
- PERSONAL NUTRITION GUIDANCE VIA EMAILp
- 20% DISCOUNT ON ALL SUPPLEMENTS

Hudson Nutrition & Wellness Consultation

\$240

This in-depth consultation gives you a comprehensive picture of your current state of health and allows our nutrition specialist to make lifestyle and treatment recommendations.

- COMPLIMENTARY NUTRITION CONSULTATION
- INITIAL NUTRITION EVALUATION
- FOLLOW UP APPOINTMENTS

Hudson Sports Package

\$999

Optimize your athletic performance, improve your training results or help recover from injury. Our Sports Medicine Specialist works together with our expert team to tailor an Integrated program to meet your needs.

- ANTI-AGING AND SPORTS MEDICINE EVALUATION
- FOLLOW UP WITH PHYSICIAN
- *LABORATORY WORK
- INITIAL EVALUATION WITH NUTRITIONIST
- FOLLOW UP WITH NUTRITIONIST
- PERSONAL TRAINING / PILATES SESSION
- CHIROPRACTIC / ACUPUNCTURE SESSION
- 2 X BODY COMPOSITION TESTING
- PRIORITY ACCESS TO DOCTORS

JUMP START: Anti Aging / Functional Medicine

\$999

Designed for those looking for a lifestyle change and improved wellness. After an in-depth assessment, our specialist team design a tailored program to jump start your journey towards optimal health. One month program.

- ANTI-AGING AND SPORTS MEDICINE EVALUATION
- FOLLOW UP WITH PHYSICIAN
- *LABORATORY WORK
- INITIAL EVALUATION WITH NUTRITIONIST
- FOLLOW UP WITH NUTRITIONIST
- 10% OFF ALL SUPPLEMENTS
- MEDICAL MASSAGE - 60 MINUTES
- CHIROPRACTIC / ACUPUNCTURE EVALUATION
- HUDSON WELLNESS IV VITAMIN INFUSION
- ERGONOMIC EVALUATION
- PERSONALIZED WELLNESS CONCIERGE

*Laboratory work includes blood testing for basic metabolic panel, complete blood count, hormones, advanced lipids and inflammation markers.

For more information or to make a booking phone us on 646.882.6278 or email info@hudsonwellness.nyc